



Shop Smart, Save More: Learn The Grocery Game and Save Hundreds of Dollars a Month

Teri Gault, Sheryl Berk

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These days the cost of food and other basic necessities is going through the roof. Teri Gault's groundbreaking website, www.TheGroceryGame.com, has already helped millions save serious money. And now she shares the secrets to sensible shopping in one essential volume, so you can feed your family and take care of their needs for thousands of dollars a year less! *Shop Smart, Save More* provides step-by-step instructions on how to:

- find and shop the right stores
- decode "Everyday Low Prices" and other grocery store lingo
- master the science of coupons
- organize your shopping list
- stockpile effectively
- recognize bogus "bargains" and anticipate real sales
- go green for less green . . . and much, much more!

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Alma Young:

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