



# **Coraggio! Lessons for Living from an Italian Grandmother The Courage to Honor the End of Life**

*Lisa Gigliotti*

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In this fourth volume of the Coraggio! series the author reveals the final lessons learned from her beloved Italian grandmother. The Old World wisdom of the first five lessons begun in Coraggio! Despite Illness, Pain and Loss, soothes the author's staggering grief over the sudden loss of her mother and maternal grandmother. When her Italian grandmother reaches the terminal stage of disease, they link arms, and equipped with coraggio, march bravely into the last season of her life. A beautiful love story between a grandmother and granddaughter ensues, with grandmother illuminating the most significant lesson of all: to surround one with love and tender care as they prepare to leave this world is life's greatest privilege. About the Coraggio! Series: The remembrance of tales told by her Italian grandmother stirs the heart of a young woman ill and bedridden in a nursing home. The Old World stories reveal coraggio-courage-as the common trait that enables the characters to trek resiliently through life despite hardship and suffering. Using the lessons in those stories to develop her own coraggio, the young woman tenaciously pursues life with hope and vigor-a personal renewal that leads to successful careers as an administrative law judge, a policy advisor for the Michigan state senate and governor, an advocate for people with disabilities and for improving end-of-life care, and an inspiring speaker dedicated to helping others. Each chapter in the Coraggio! books is summarized with a Courage Keeper-a message to keep, reflect on, and be encouraged by. Get Comfortable: This book is constructed with a lightweight cover and a spiral binding that allows the pages to lie flat. If you have arthritis or neuromuscular challenges, no problem! Prop up the book at eye level, let go, and effortlessly read hands-free until it is time to turn the page!

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