



# A Practical Guide to Insulin Pump Therapy for Pregnancy

*James Bernasko MD FACOG CDE*

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The statistics are alarming—the incidence of diabetes in the general population and pregnancy in particular is on the rise. As a result, the need for effective treatments to control the blood glucose level in pregnant diabetic women is likely to grow. James Bernasko, OB/GYN, is one of the few physicians in the United States who is board-certified in treating diabetic pregnant women. He relies on his professional experience to provide a practical guide for healthcare practitioners and insulin pump users that illustrates a protocol for insulin pump therapy during pregnancy. With the goal of achieving good blood glucose control to ensure an excellent short- and long-term outcome for both baby and expectant mother, Dr. Bernasko extensively covers a wide array of topics such as:

- Components of pre-conception care for diabetic women
- Action of insulin during pregnancy
- Value of choosing the right insulin pump
- Advantages of rapid-acting insulin analogs over regular insulin

Employing effective strategies for controlling blood glucose levels before, during, and after pregnancy are essential to diabetic women's care. A Practical Guide to Insulin Pump Therapy for Pregnancy provides valuable information that will minimize complications and enhance a pregnant woman's life.

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