



Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Polka Dots)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Jamie Arellano:

This Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Polka Dots) are usually reliable for you who want to be considered a successful person, why. The reason why of this Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Polka Dots) can be among the great books you must have will be giving you more than just simple studying food but feed a person with information that possibly will shock your prior knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions at e-book and printed ones. Beside that this Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Polka Dots) forcing you to have an enormous of experience like rich vocabulary, giving you trial of critical thinking that could it useful in your day task. So , let's have it and revel in reading.

Allison Sala:

A lot of people always spent their own free time to vacation as well as go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity this is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you just read you can spent the entire day to reading a e-book. The book Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Polka Dots) it is rather good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. When you did not have enough space to bring this book you can buy often the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not to fund but this book possesses high quality.

Jennifer Mendoza:

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