



REPAIR Your Life Workbook: Supporting a Program of Recovery from Incest & Childhood Sexual Abuse

Marjorie McKinnon

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R.E.P.A.I.R. is a Six-Stage Program for abuse survivors that will transform your life forever!

- [R]ecognize and accept your adult problems stemming from childhood sexual abuse.
- [E]nter into a commitment to transform your life.
- [P]rocess your issues with tools and techniques that will enable you to become healthy.
- [A]wareness to discover reality as you gather and assemble the pieces of the broken puzzle your life became.
- [I]nsight into the complete picture helps you begin to return to what you were prior to being sexually violated.
- [R]hythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are.

Use this new *Workbook Edition* in conjunction with a facilitated REPAIR group for best results. There are more than 50 local chapters of The Lamplighters in the USA and more than 75 chapters worldwide. The REPAIR system is used by domestic violence shelters, sexual assault centers, church groups, prison ministries, and local groups of abuse survivors everywhere.

Therapists' Acclaim for *REPAIR Your Life*

"Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey."

-Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse

"Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book."

-Marcelle B. Taylor, MFT

"This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery."

-Bob Rich, PhD

Please visit **www.TheLampLighters.org** for more information or to find a group in your area.

Special editions available for young people: ask your bookseller for "REPAIR for Kids" and "REPAIR for Toddlers".

Another life-changing title from Loving Healing Press www.LHPress.com

SEL001530 Self-Help : Abuse - Sexual

SEL029000 Self-Help : Twelve-Step Programs

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Thomas Abrams:

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Linda Mays:

As people who live in the modest era should be update about what going on or info even knowledge to make these keep up with the era that is always change and progress. Some of you maybe may update themselves by examining books. It is a good choice to suit your needs but the problems coming to anyone is you don't know what one you should start with. This REPAIR Your Life Workbook: Supporting a Program of Recovery from Incest & Childhood Sexual Abuse is our recommendation to make you keep up with the world. Why, since this book serves what you want and need in this era.

Shawn McDonald:

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Ronald Searle:

As a student exactly feel bored for you to reading. If their teacher questioned them to go to the library or make summary for some reserve, they are complained. Just small students that has reading's heart and soul or real their passion. They just do what the professor want, like asked to go to the library. They go to presently there but nothing reading seriously. Any students feel that studying is not important, boring and can't see colorful pictures on there. Yeah, it is to get complicated. Book is very important for you personally. As we

know that on this era, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. So , this REPAIR Your Life Workbook: Supporting a Program of Recovery from Incest & Childhood Sexual Abuse can make you really feel more interested to read.

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