



Manic: Through Hell and Back

Terrelle T. Lewis

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Manic is a story of self-discovery, challenges and triumph. As Terrelle T. Lewis shares his journey of being diagnosed bipolar and battling manic depression, he finds his comfort and peace in his faith and a desire to touch the world through his testimony. Written and illustrated by Terrelle himself, this book reveals the struggles of being institutionalized in psychiatric facilities, discovering support in relationships, and ultimately declaring victory by surrendering his life to the will and calling of God.

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