



DSM-5 Pocket Guide for Elder Mental Health

Sophia Wang, Abraham M Nussbaum

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Many practitioners are hesitant to treat mental health issues in older adults, believing that special expertise is required to do so effectively. DSM-5(R) Pocket Guide for Elder Mental Health is based on the premise that all practitioners can acquire the confidence needed to work with older patients. Primary care practitioners, clinical psychiatrists, psychiatric nurses, psychiatric residents, and resident fellows are just some of the professionals who will benefit from memorable cases that illustrate how the presented information can quickly be applied to the reader's own patients, handy mnemonics that make complex diagnostic information easy to commit to memory, and informative tables that help readers easily locate DSM-5(R) information for billing purposes. All of the information presented in this guide is grounded in real-world advice, so readers can be confident that the information provided is practical and clinically based as they learn how to -

- Perform 15- and 30-minute diagnostic interviews-
- Recognize the main elements of the most common mental health disorders-
- Reach an initial diagnosis-
- Engage patients in psychosocial, psychotherapeutic, and psychopharmacological treatment plans and work with caregivers-
- Know when to refer patients for additional subspecialty mental health treatment.

With expert consensus threaded throughout, DSM-5(R) Pocket Guide for Elder Mental Health is the ideal companion for trainees and seasoned professionals alike, who will find the thoughtful, practical information they need to efficiently and effectively employ DSM-5(R) as part of comprehensive diagnostic interview and treatment planning for their older patients.

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Gordon Rollins:

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