



Nursing Practice in Multiple Sclerosis, Fourth Edition: A Core Curriculum

June, MSN, APN-C, MSCN, FAAN Halper, Colleen, MN, MSCN, NP Harris

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This completely revised fourth edition of a comprehensive core text for advanced health care practitioners is distinguished by its focus on the increasing role of the APRN in primary care of the multiple sclerosis (MS) patient, the importance of involving the interdisciplinary team in different aspects of care, and the imperative of early and aggressive symptom interventions. Written by expert clinicians in easy-to-read outline format, the text includes the most current diagnostic tools and strategies for managing the disease process in both physical and psychosocial areas, with an emphasis on helping MS patients cope with the disease through the teaching and implementing of self-care strategies.

New content throughout includes a chapter on pain management, updated findings on primary care issues, neurologic complications, and the interrelated importance of interdisciplinary coordination, the role of ethics, professionalism, and the ability to deliver culturally competent care. New diagnostic tests and pharmacologic strategies provide an extensive arsenal of improved treatment options, and updated guidelines for managing symptoms address impaired mobility and bladder/bowel dysfunction. Updated pedagogical features include new chapter objectives, enhanced case examples, end-of-chapter review questions, and revised certification review questions. The text also serves as a practical review for nurses planning to take the MS nursing certification exam to become a multiple sclerosis certified nurse (MSCN).

NEW TO THE FOURTH EDITION:

- Provides thoroughly updated content throughout
- Focuses on the role of the APRN in primary care
- Stresses the importance of early and aggressive symptom interventions
- Includes a new chapter on pain management
- Offers chapter objectives and review questions
- Provides enhanced case examples
- Serves as a reliable study review for the MSCN exam, with revised certification review questions
- Covers primary care issues and neurologic complications
- Stresses interdisciplinary involvement
- Illuminates new diagnostic tests and pharmacologic strategies, such as treatment of acute attacks, immunomodulating and symptomatic therapies, and nonpharmacologic interventions
- Presents updated guidelines for managing symptoms
- Emphasizes the role of nursing in helping patients achieve independence and improved life quality
- Includes new content on ethics, professionalism, and culturally competent care

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