



The Verbal Abusive Bundle

Patricia Evans

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SPECIAL SHRINKWRAPPED BUNDLE! With *The Verbal Abusive Bundle*, you will learn why verbal abuse is more widespread than ever, and how you can deal with it. You'll get more of the answers you need to recognize abuse when it happens, respond to abusers safely and appropriately, and most important, lead a happier, healthier life. This timely new edition of *The Verbally Abusive Relationship, Expanded Third Edition* puts you on the road to recognizing and responding to verbal abuse, one crucial step at a time. Drawing from hundreds of real situations suffered by real people just like you, author Patricia Evans offers strategies, sample scripts, and action plans designed to help you deal with the abuse--and the abuser. This edition also includes two all-new chapters on Outside Stresses driving the rise in verbal abuse and how you can mitigate the devastating effects on your relationships, and the Levels of Abuse that characterize this kind of behavior. In *The Verbally Abusive Man-Can He Change?*, Patricia Evans goes beyond identifying verbally abusive behaviors to prescribing a course of action for both victim and abuser. Coupling stories of abused women and abusive men from her own case studies, Evans gives you the tools you need to empower yourself, improve your relationship, and change your life for the better.

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