



Stop Arguing with Your Kids: How to Win the Battle of Wills by Making Your Children Feel Heard

Michael P. Nichols PhD

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For parents fed up with constant challenges to their authority-but who dread becoming tyrants in their own homes-this book provides a powerful new alternative to "because I said so." Trusted family therapist and author Michael P. Nichols takes on the number-one problem of parents today with the insight and humor that has made his earlier *The Lost Art of Listening* an enduring bestseller. Presented is a simple, easy-to-follow, yet remarkably effective way to put an end to arguments by refusing to argue back. Instead, the techniques of responsive listening help parents open up better communication in the family; create an atmosphere of respect and cooperation; and take children's feelings into account-without giving in to their demands. Loads of realistic examples help parents defuse whining and defiance and manage common conflicts with preschoolers to teens.

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Amy Davis:

Playing with family in a park, coming to see the marine world or hanging out with buddies is thing that usually you will have done when you have spare time, after that why you don't try thing that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Stop Arguing with Your Kids: How to Win the Battle of Wills by Making Your Children Feel Heard, you can enjoy both. It is excellent combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't get it, oh come on its identified as reading friends.

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