



Managing the Symptoms of MS

Randall T. Schapiro MD FAAN

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The fully updated and revised sixth edition of the definitive guide to clinically tested and proven methods for effectively managing all of the symptoms characteristic of MS and MS treatment.

Based on the most up-to-date disease management strategies, medical and research breakthroughs, and latest drug therapies, Dr. Randall T. Schapiro provides the information you need to manage both the disease and symptoms, and make everyday life easier. New chapters offer essential advice for those newly diagnosed with the disease, and those who experience more symptoms with age.

Managing the Symptoms of Multiple Sclerosis features comprehensive treatment options for:

- Fatigue
- Spasticity
- Tremor
- Incontinence
- Speech and swallowing difficulties
- Pain
- Numbness
- Cognitive difficulties

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