



# COOK GRILL & BAKE AT THE TOUCH OF A FINGER

*MRS. GEETHA BALAKRISHNAN*

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## **COOK GRILL & BAKE AT THE TOUCH OF A FINGER MRS. GEETHA BALAKRISHNAN**

'Cook Grill & Bake at the touch of a finger' by Mrs. Geetha Balakrishnan has been adjudged the third 'Best Television Celebrity Cookbook in the World' at an award function held by 'Gourmand World Cookbook Awards', at Paris on the 1st of July 2009. This book is packed with delicious, mouth watering recipes for conventional Indian Vegetarian dishes, which one loves to eat at home along with exotic Dishes, one would love to eat out and relish. It lists the Operations, Maintenance, Dos & Don'ts in day to day usage, of the Microwave oven and serves as a complete guide to beginners. The recipes are grouped under three cooking modes available in any standard microwave oven; Micro Mode, Grill Mode & Convection Mode. In Micro Mode, recipes for Sweets, Accompanying Dishes for South Indian & North Indian Meal, Tiffin Delights, Pickle, Soup & Snacks are deftly covered. In Grill Mode, recipes given for Grilled Vegetables, Cutlet, Kebab, Platter are sure to tangle taste buds. In Convection Mode, recipes are given for Biscuits, Bun, Bread Roll, Cake, Stuffed & Baked Vegetables, in a structured, simple easily understandable format. Go ahead and add magic to your food with the touch of a finger! "This book is a marvelous attempt as the author has packed it with information. It is a good encyclopedia for a young and old alike" says gourmand world cookbook award winner Mrs. Viji Varadarajan. All recipes are perfected over time and are given with ingredients and yields, for everyone to easily understand and prepare. The recipes are given in clear step by step method. This book is an ideal gift to those who do not have access to Indian traditional kitchen with facilities, but would still love to cook Indian vegetarian food both traditional variety as well as exotic star recipes very easily. It is also a teaching guide, to those wanting to cook delicious food in Microwave oven, but do not have the time to attend dedicated cookery classes. This book drives the myth that one needs to cook with traditional utensils and gas stoves, Grill/ barbecue on coal, Bake in conventional ovens to get the taste of traditional food. It is one stop solution to Cook, Grill & Bake all at the touch of a finger!

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