



Baking & Brunch: Gluten-Free Recipes for Success

Judy Campbell

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Judy Campbell, registered dietitian and former nutritional and quantity foods instructor at McGill University, shares her tried and true personal collection of successful gluten-free recipes for traditional comforting baked goods and more. By using the provided special flour mixture recipes and the unique step-by-step mixing methods, amazingly light-textured baked products can be created. Recipes include cream soup, bechamel sauce, chicken fingers, bread, pudding, buckwheat crepes, tea biscuits, savory muffins, carrot-pineapple muffins, banana muffins, blueberry muffins, blueberry cobbler, apple pie, pouding au chOmeur with a twist, chocolate zucchini cake, oat chocolate chip cookies, brownies and energy bars. Sure to be an indispensable resource, this book is the first in its series.

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