



# Soul Keeping: Ancient Paths of Spiritual Direction

*Howard Baker*

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## **Soul Keeping: Ancient Paths of Spiritual Direction** Howard Baker

Spiritually dry times occur for a reason: They give us a thirst for the living water that only God can provide and allow us to experience the futility of losing our soul to this world, so that we will get serious about keeping it to life eternal.

Rediscover life in the kingdom of God as practiced by saints and martyrs, prophets and psalmists. The paths they walked are for the weary and worn-out, the bruised and battered, the disillusioned and despairing, the hurting and the hopeless.

- Includes discussion questions

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