



# The One Minute Teacher: How to Teach Others to Teach Themselves

*Constance Johnson*

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## **The One Minute Teacher: How to Teach Others to Teach Themselves** Constance Johnson

This invaluable book shows how teachers, despite the many difficulties they face in today's school systems, can make an important contribution to their students' lives and educations. Johnson and Johnson describe how the use of Goal Setting, Praising, and Recovery reinforces self-esteem and creates a new kind of learning process that will become lifelong. *The One Minute Teacher* reveals simple, positive ways to

- Discover and instill the love of learning
- Foster success and achievement
- Feel more confident and happy
- Bring out the best in ourselves and others

Practical, wise, and useful in dozens of everyday situations, *The One Minute Teacher* is essential reading for anyone who teaches and anyone who learns.

More than eleven million copies of Dr. Johnson's books are in use in twenty-four languages.

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