



The Yogurt Cookbook: Recipes from Around the World

Arturo Der Haroutunian

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An indispensable cookbook that will inspire yogurt lovers to new gastronomic heights. Yogurt is consumed in a variety of ways in many cultures throughout the world. The author--truly an expert on the subject--tells us the history of yogurt, how to make it, and how it is easily used in all kinds of delicious recipes. *The Yogurt Cookbook* is filled with aromatic herbs and spices, inspiring ideas and all the knowledge needed to cook flavorful and distinctive yogurt dishes from around the world. This splendid cookbook offers over 200 yogurt recipes ranging from the subtle flavors of Middle Eastern dishes to traditional Armenian specialties; from the spiciness of Indian curries to distinctive regional European foods. There are delicious appetizers, fragrant soups, wonderful salads, and interesting egg dishes. There are recipes for fish, poultry, meat, pasta, and vegetables. There is even a section on bread, pancakes, and fritters. Accompanied by luscious full-color photos that serve to whet the appetite, *The Yogurt Cookbook* is the ultimate yogurt recipe cookbook. If you're a yogurt lover, this is a book for you and if you don't care for it, this book will convert you.

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