



How to Understand the Secret Language of Children

Lawrence Shapiro

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An essential guide for parents seeking greater communication and understanding with their child. There is a secret language that all children speak. It is a language beyond words. It is revealed in your child's body movements and facial expressions, in their voice, in their art, in their play, even in their stories and dreams. It is a language that reveals their deepest fears and conflicts. It is a language quite familiar to professional therapists, but as a parent, you hardly know that it exists. In *How To Understand The Secret Language Of Children*, Dr Lawrence E. Shapiro provides the keys that will open the door to a whole new way for you to relate to your children. This secret language is too important in the understanding of children to be the exclusive province of mental health professionals: it should be a tool that you can use to enrich your relationship with your child. Learn how to: Interpret your infant's cries; Observe and interpret your child's body language; Use art activities to reassure your child in times of trouble or conflict; Learn how to play on your child's terms; Enhance your child's ability to exercise self-control and co-operate; Boost your child's social skills In this innovative book, grounded in the science of parenting, Dr Shapiro teaches you the crucial and practical tools you need to understand - and speak - the secret language of your child.

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