



# Adult Coloring Book: Anti-Stress Flowers. Reduce Stress and Relax with 55 Coloring Pages

*Anna Wilton*

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**This is great for those times when you need to chill.**

Everyone will benefit from the *stress-relieving effect* that increased focus and creativity can provide.

There are no rules or complicated step-by-step instructions in these pages and no need for craft supplies and expensive art. Enjoy and relax *coloring* in this various designs.

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