



Chakra Balancing Crystal Alignment

Margaret Ann Lembo

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Crystals and gemstones have been used for thousands of years. The legends of Atlantis indicate that healing was performed by lying or standing inside a chamber filled with the light and vibration of healing crystals. Now you can awaken the crystal healer within you and perform a crystal alignment for yourself and others.

This CD offers you an avenue for gentle self-reflection via deeper understanding of color, chakras, thoughtforms and vibrations. You will become aware of what may need to be cleared to allow a beautiful flow of energy to raise your consciousness.

Learn about how to use crystals to restore balance and promote healing as a complimentary therapy. You will hear great ideas to use gems to manifest and attract your desired reality. Margaret Ann shares her knowledge and wisdom of the chakra system to help you rebalance, realign, regenerate and rejuvenate on all levels – spiritually, mentally, emotionally, and ultimately physically.

Obtain the following stones to use with this Crystal Alignment Meditation experience:

Root – 2 black tourmaline, 2 hematite, and 1 Amethyst Point

Navel – 2 carnelian

Citrine – 1 citrine and 4 malachite

Heart – 1 rose quartz and 4 green aventurine

Throat – Angelite or Aquamarine

Third Eye – Lapis Lazuli

Crown – clear Quartz Point

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From reader reviews:

Kelsey Palermo:

In this 21st hundred years, people become competitive in each way. By being competitive currently, people have do something to make all of them survives, being in the middle of the particular crowded place and notice by simply surrounding. One thing that oftentimes many people have underestimated this for a while is reading. That's why, by reading a reserve your ability to survive raise then having chance to stay than other is high. In your case who want to start reading a book, we give you this Chakra Balancing Crystal Alignment book as beginner and daily reading book. Why, because this book is greater than just a book.

Tina Wilson:

Nowadays reading books are more than want or need but also be a life style. This reading behavior give you lot of advantages. Advantages you got of course the knowledge the actual information inside the book this improve your knowledge and information. The knowledge you get based on what kind of reserve you read, if you want get more knowledge just go with knowledge books but if you want really feel happy read one with theme for entertaining for instance comic or novel. Typically the Chakra Balancing Crystal Alignment is kind of reserve which is giving the reader erratic experience.

Betty Serrano:

In this age globalization it is important to someone to find information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information simpler to share. You can find a lot of references to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher that print many kinds of book. Typically the book that recommended for you is Chakra Balancing Crystal Alignment this book consist a lot of the information of the condition of this world now. This kind of book was represented how do the world has grown up. The dialect styles that writer use for explain it is easy to understand. Often the writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

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