



# Mobilization Notes: A Rehabilitation Specialist's Pocket Guide (Davis's Notes)

*Christopher H. Wise PT DPT OCS FAAOMPT MTC ATC, Dawn Gulick PT PhD ATC CSCS*

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This handy, full color, pocket guide provides the rehabilitation specialist with innovative intervention strategies that are designed to address impairments in joint mobility.

Arranged by anatomic region, it provides an overview of functional anatomy and joint kinematics for the spine and extremities. For each mobilization technique, a detailed description of patient and clinician position along with photographs that include force vector arrows and points of stabilization is provided. Write-on/wipe-off pages allow the reader to take notes easily.

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