



# Home Health Aide On-the-Go In-service Lessons: Vol. 11, Issue 9: Bariatric Patients

*Beacon Health a division of HCPro, Paula Long RN CHCE*

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## OVERVIEW

Bariatric care is the branch of medicine that deals with the causes, prevention, and treatment of obesity. When caring for an obese patient, there are several factors home health aides must take into account, such as obesity-related health complications, the patient's home environment, and lifting and transferring.

This in-service addresses how home health aides can properly care for obese patients, as well as explains the eight most common health complications associated with obesity. Aides will learn how to feel more comfortable when assisting an obese patient, while also making the individual feel comfortable. Patient safety is a top priority, as is patient dignity.

## LESSON OBJECTIVES

After completion of this program, the home health aide will be able to:

- Care for obese patients with an understanding of obesity-related health complications
- Properly lift and transfer obese patients
- Maintain patient safety and dignity
- Use common bariatric care equipment

## Contents of this lesson:

- A clearly written fact sheet
- A 10-question post-test to measure understanding of the subject matter
- An answer sheet with a place for the instructor's comments and signature
- An illustrative, homecare-specific case study
- Suggested supplemental learning activities
- An attendance log and certificate of completion

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