



Building Positive Character 42 Tips on Empowerment, Overcoming and Success by Joe Egan

Joe Egan

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Building Positive Character 42 Tips on Empowerment, Overcoming and Success by Joe Egan Joe Egan Positive Character: Why Some Have It and Others Don't. Your personality is your distinctive group of emotional traits. It is who you are. Character is what you do with yourself. Character is about morals and ethics; it's what you do even when no one is looking. Combining personality and character is to join thinking and doing. This book combines the thinking personality with character's doing to help you successfully navigate everyday events, emotions, and reactions. When trouble strikes, we react in one of two ways. Option one: we do what is most comfortable and live in denial. This option is frequently chosen when dealing with conflict, failure, mistakes, worry, and even narcissists. The other reaction is not as comfortable because it challenges us to stand on a principled course. To do so involves courage, assertiveness, empathy, intuition, perseverance, and trust. To live in harmony with the good and bad in life we need to make good choices. Here is a partial list of the things this book will teach you to prioritize: • a positive attitude • common sense • genuine friendships • happiness • honesty • leadership • continuous learning • love • making your own luck • resting your mind, • negotiating fairly • being a problem solver • having mutual respect • living your good values • finding your purpose With over forty quick and easy thoughts for the day, Building Positive Character will get you or keep you moving in a positive direction-starting now!

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