



# Why Talking Is Not Enough: Eight Loving Actions That Will Transform Your Marriage

*Susan Page*

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**Why Talking Is Not Enough: Eight Loving Actions That Will Transform Your Marriage** Susan Page *Why Talking Is Not Enough*, written by Susan Page, author of the acclaimed bestseller *If I'm So Wonderful, Why Am I Still Single?* presents a novel relationship strategy based on subtle, powerful changes in your *own actions*. This method shows you the magic of "Keep your mouth out of it!" Page's pioneering eight-step program invites you to give up problem solving and move directly to a warmer, more loving and fun relationship, based on universal spiritual principles.

In this book you will learn how to transform your relationship into a Spiritual Partnership by adopting these Eight Loving Actions:

- Adopt a Spirit of Good Will
- Give Up Problem Solving
- Act as If
- Practice Restraint
- Balance Giving and Taking
- Act on Your Own
- Practice Acceptance
- Practice Compassion

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